

Directions

Dr. Conan Shaw

Pittsburgh Nutritionist

667 Castle Creek Drive

Seven Fields, PA 16046

Phone: 724-778-3000

FAX: (724) 591-8998

drshaw@zoominternet.net

From Points NORTH:

Butler, Clarion, Ellwood City, Erie, Meadville, Mercer, Oil City, Slippery Rock, Zelienople

Follow Route 79 South To the Cranberry / Mars/ Route 228 Exit. At the end of the off ramp, make a left onto Route 228 East (heading towards Route 8). Stay straight on Route 228 Road for 1.6 miles. Turn right at the stop light on Castle Creek Drive (Sunoco Station on the corner). Pass The Sunoco station and Signature Plaza. Immediately after Signature Plaza turn right on the road at the Phoenix Plaza sign. This road will wrap around to the left in front of the office.

From Points SOUTH:

Coraopolis, Crafton, McCandless, North Hills, Perrysville, Pittsburgh, Robinson Township, Sewickley, Washington PA, Wexford

Follow Route 79 North to the Mars/Cranberry Exit (route 228) At the stop light of the exit turn right on Rte 228. Stay straight on Route 228 Road for 1.3 miles. Turn right at the stop light on Castle Creek Drive (Sunoco Station on the corner). Pass The Sunoco station and Signature Plaza. Immediately after Signature Plaza turn right on the road at the Phoenix Plaza sign. This road will wrap around to the left in front of the office.

From Points EAST:

Allison Park, Gibsonia, Glenshaw, Greensburg, Irwin, Jeanette, Johnstown, Latrobe, Mars, Monroeville, New Stanton, New Kensington, Prospect

From Route 228: Follow Route 228 West (heading towards Route 19). Stay straight on Route 228 for 3.4 miles. Turn left on Castle Creek Drive (Sunoco Station).

From the PA Turnpike: Take the PA Turnpike (I-76) West and exit at Cranberry Township/I-79/Route 19. The exit ramp splits into two (for I-79 or Route 19). Follow the ramp for Route 19. Make a left onto Route 19 North. In about 1/3 mile turn right on Route 228. Drive 1.9 miles and turn right at the stop light on Castle Creek Drive (Sunoco Station on the corner). Pass The Sunoco station and Signature Plaza. Immediately after Signature Plaza turn right on the road at the Phoenix Plaza sign. This road will wrap around to the left in front of the office.

From Points WEST:

Akron, Aliquippa, Beaver, Beaver Falls, Canton, Rochester, Youngstown

From Freedom Road: Follow Freedom Road travelling east into Cranberry Township. Drive straight through the stop light (crossing over Rte 19). Drive 1.9 miles and make a right on Castle Creek Drive (Sunoco Station on the corner). Office will be on the left.

From the PA Turnpike: Take the PA Turnpike (I-76) East and exit at Cranberry Township/I-79/Route 19. The exit ramp splits into two (for I-79 or Route 19). Follow the ramp for Route 19. Make a left onto Route 19 North. In about 1/3 mile turn right on Rte 228. Drive 1.9 miles on Rte 228. Turn right at the stop light on Castle Creek Drive (Sunoco Station on the corner). Pass The Sunoco station and Signature Plaza. Immediately after Signature Plaza turn right on the road at the Phoenix Plaza sign. This road will wrap around to the left in front of the office.